

About with Friends



Our Mission

About with Friends' mission is to give people with learning disabilities the opportunities they are entitled to and to live the life that they deserve. We are made up of full time and part-time staff, volunteers and valued supporters. We offer support, activities, guidance and care.

In 2025 the Art Trail item for the Cromer Crab & Lobster Festival will be a Treasure Chest. The Treasure Chests will be made by About With Friends as part of our Workskills Service.

Workskills Service

Our Workskills programme offers adults with disabilities the chance to learn in real, working environments. Our members can choose to work in our catering or gardening teams, alongside chefs and gardeners doing work for real customers.

Our Workskills services aim to:

- Build and maintain friendships
- Support integration into community environments
- Create an inclusive environment for all abilities
- Maintain confidence and skills to use in everyday life
- Encourage a healthy, active and fun lifestyle
- Increase personal development
- Allow members the opportunity to work towards AQA UAS certificates

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